

Kilgarvan Central School – Internet Safety Resources

Supporting parents and families with trusted guidance on safe, balanced and age-appropriate use of technology.

Parent Guides & Advice

Webwise Parent Hub

<https://www.webwise.ie/parents/>

Webwise provides resources, guides and advice for families on online safety and digital citizenship

CyberSafeKids - Parent Guide

<https://www.cybersafekids.ie/>

CyberSafeKids offers guidance on healthy habits, cyberbullying, privacy and online risks

Talking to Your Child- Conversation starters for parents

Webwise - Talk, Listen, Learn

<https://www.webwise.ie/talklistenlearn/>

Gaming, Apps & Social Media- Understand the apps your child is using

Webwise App Explainers

<https://www.webwise.ie/category/parents/explainers/>

Online Risks & Safety

Parentline - Online Safety Advice

<https://parentline.ie/online-safety/>

Parentline highlights key risks including inappropriate content, contact from strangers and cyberbullying

WebWise - Cyberbullying Guide

<https://www.webwise.ie/parents/cyberbullying-a-guide-2/>

Clear guidance for parents on understanding, preventing and responding to cyberbullying, and supporting children online.

[Practical Tips for Home- Screen time, boundaries, parental controls, healthy habits](#)

CyberSafeKids - Digital Parenting Guide

<https://www.cybersafekids.ie/>

Practical advice for parents on supporting children's safe, balanced and positive use of technology, including online risks, wellbeing and digital habits.

Webwise - Parental Controls Guide

<https://www.webwise.ie/parents/parental-controls-2/>

Step-by-step guidance for parents on setting up parental controls across devices, apps and platforms to help manage safe and appropriate online use.

[Reporting Issues- Report illegal content, harmful material, or request removal of intimate images.](#)

Hotline.ie

<https://hotline.ie/>

Irish national reporting centre for illegal online content, supporting safe reporting and removal of harmful material.

Take It Down (NCMEC)

<https://takeitdown.ncmec.org/>

Free service to help remove or stop the spread of intimate images shared without consent, especially involving minors.

[Support & Further Help](#)

Barnardos - Online Safety Supports

<https://www.barnardos.ie/learning-development/training/online-safety-programme/>

Barnardos provides workshops and guidance to help families navigate online safety

Better Internet for Kids (EU)

<https://better-internet-for-kids.europa.eu/en>

EU initiative promoting a safer, more supportive digital environment where children are protected, empowered and equipped with online skills.

Keeping Childhood Smartphone Free (Ireland)

<https://assets.gov.ie/static/documents/keeping-childhood-smartphone-free-1188d886-b17f-4f77-afe3-a4628c281ad0.pdf>

National guidance supporting parents in delaying smartphone use to promote healthier childhood development and wellbeing.

CyberSafeKids - Trends & Usage Report

<https://www.cybersafekids.ie/wp-content/uploads/2024/08/CSK-TU-Report-23-24-Final.pdf>

Research-based insights into children's online behaviour, risks, and digital habits in Ireland, informing safer digital practice.