



Kilgarvan Central School

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School Self-Evaluation Report (SSE) 2023–2025 DRAFT

Focus Area: Wellbeing

School: Kilgarvan Central School

Roll Number: 19458F

Date: October 2025

1. Introduction

*This School Self-Evaluation (SSE) report outlines the process undertaken by Kilgarvan Central School to review and enhance wellbeing practices for both pupils and staff during the period **September 2023 – June 2025**.*

*The work was guided by the **Wellbeing Policy Statement and Framework for Practice (2023–2025)** and the school's ongoing commitment to creating a positive, inclusive, and supportive learning environment.*

The school community—including pupils, staff, parents, and the Board of Management—contributed to this evaluation through meetings, surveys, and collaborative planning sessions.

2. Focus of the Evaluation

*The evaluation focused on **Wellbeing**, with particular attention to the following aims:*

- 1. To promote and embed a culture of wellbeing among pupils, staff, and parents.*
- 2. To develop collaborative structures that support communication and engagement across the school community.*
- 3. To enhance teaching and learning practices that foster wellbeing and inclusion.*

*The evaluation examined progress across the four domains of the **Wellbeing Framework for Practice**:*

- **Culture and Environment***
 - **Curriculum (Teaching & Learning)***
 - **Policy and Planning***
 - **Relationships and Partnerships***
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3. Summary of Findings

Strengths Identified

- A strong commitment by leadership and staff to the promotion of wellbeing.*
- A positive, caring, and inclusive school climate where pupils feel valued, supported, and safe.*
- The establishment of an **active Wellbeing Committee**, involving staff and pupils, which coordinates initiatives such as Lust for Life, Amber Flag activities, Active Flag and wellness-themed events.*
- The successful **review and updating of key school policies** that directly support wellbeing, including Anti-Bullying (Bí Cinealta), Homework, Healthy Eating, Substance Use, and Code of Behaviour.*

- *The **Parents' Association** has been successfully **re-established**, with **elected officers** and a **clear governance structure**. It is now **fully active in fundraising initiatives and school support activities**, contributing significantly to the sense of partnership within the school community.*
- *The introduction of **team teaching and station teaching** has enhanced collaboration among teachers and enriched pupils' learning experiences.*

Areas for Development

- *Ongoing support and capacity-building for the **Wellbeing Committee** to ensure sustainability and rotation of roles.*
- *Continued focus on embedding **team teaching practices** across subjects, ensuring consistency and reflection on learning impact.*
- *Further opportunities to highlight **pupil voice** in shaping wellbeing initiatives and policy review.*
- *Regular monitoring of the wellbeing-related policies to ensure they remain responsive to the evolving needs of the school community.*

4. Evidence Used

- *Feedback from pupils, parents, and staff surveys and discussions.*
- *Minutes of Board of Management and staff meetings.*
- *Documentation from the policy review process.*
- *Reports and communications from the Parents' Association.*
- *Classroom observations and reflections from staff on collaborative teaching practices.*

5. Summary

- We believe that our school is **progressing very well** in embedding wellbeing as a central element of school life.
- There is clear evidence of distributed leadership, planning, and engagement across all members of the school community.
- The establishment of both the **Wellbeing Committee** and a **fully functioning Parents' Association** demonstrates a strong, sustainable structure for promoting wellbeing.
- Pupils, parents, and staff share a sense of pride, belonging, and mutual respect that supports a positive school culture.

6. School Improvement Plan (Summary of Progress)

Target	Actions Taken	Persons Responsible	Criteria for Success	Progress & Adjustments	Targets Achieved
Establish a Wellbeing Committee integral to staff and student wellbeing	Concept introduced; staff and pupils invited to participate; committee formed and active	Principal, Deputy Principal, AP2 Postholder	Active committee aware of its role in promoting wellbeing	Committee well-established; initiatives such as Lust for Life and Active Flag linked to wellbeing	 Achieved
Review and update Wellbeing-related policies	Policies reviewed with full community input	BoM, Principal, Staff	Policies updated with input from staff, parents, and pupils	Anti-Bullying, Homework, Healthy Eating, Substance Use, and Code of Behaviour all reviewed	 Achieved

<i>Target</i>	<i>Actions Taken</i>	<i>Persons Responsible</i>	<i>Criteria for Success</i>	<i>Progress & Adjustments</i>	<i>Targets Achieved</i>
<i>Re-establish a Parents' Association</i>	<i>Contacted parents; meeting held; committee elected; NPC guidance followed</i>	<i>BoM, Principal, Postholders, Parents</i>	<i>Active PA engaged in initiatives and communication</i>	<i>Parents' Association fully established with elected officers; active in fundraising and school support</i>	 <i>Achieved</i>
<i>Introduce Station/Team Teaching for Literacy and/or Maths</i>	<i>Timetable established; staff collaboration encouraged</i>	<i>Principal, Class Teachers, SETs, SNAs</i>	<i>Collaborative teaching embedded and valued</i>	<i>Team teaching in Maths implemented across all classes in line with the new Primary Maths Curriculum</i>	 <i>Achieved</i>

7. Next Steps / Recommendations

We will continue to

- *build on the success of the **Wellbeing Committee** by developing a yearly wellbeing calendar and expanding pupil involvement.*
- *maintain strong partnership with the **Parents' Association** through regular communication and shared planning of wellbeing events.*
- *extend **team teaching** approaches to include other curriculum areas.*
- *embed ongoing **policy review** as a standing item in the school's annual cycle.*
- *promote greater **student leadership** in wellbeing initiatives and peer support activities.*

8. Overall Reflection

The 2023–2025 Wellbeing Improvement Plan has significantly enhanced the sense of community and connection in Kilgarvan Central School.

The school now has robust, active structures in place to sustain and promote wellbeing—most notably through the Wellbeing Committee and the re-established Parents’ Association.

There is a strong culture of collaboration, empathy, and inclusion among pupils, staff, and parents.

Wellbeing is now a visible, embedded feature of daily school life and a core part of Kilgarvan Central School’s identity.

Signed:

Principal: _____

Chairperson, Board of Management: _____

Date: _____